

NAIW GEORGLA COUNCIL

GEORGLA COUNCIL OF NAIW NEWSLETTER



Georgia Council of NAIW

Council Director:

Linda Brown CIC, CPIW, DAE

Assistant to Council Director:

Tracy Pato

Treasurer: Gizelle Grable AIC, CPIW

Public Relations Chair:

Jill Hasnain CIC, CPCU, AU, CPIW

Education—

Melissa Peak CISR, CPIW, DAE

Safety—Janet Nash

Legislation—Connie Rose

Membership Chair:

Lara Nelson AAI, CISR

E-mail questions or comments:

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*NAIW—Bridge to
Your Horizon . . .*

GA COUNCIL AWARDS

Reminder: Ins Prof of the Year and PIA Education Award forms are due by August 15, 2010.

Submit to Janice Johnson Bish at jwjohnson@gfb.org

Council Director Farewell Address by Linda Brown CIC, CPIW, DAE

As the end of my term as GA Council Director draws near, I would like to use this form of communication to thank each of you for your encouragement and support this year. It has been a rewarding experience of which I will always remember. Visiting the Associations across GA has allowed me to meet so many wonderful people that I may not have otherwise met. I had opportunities of seeing some friends that I haven't seen in a long time. I attended the Council Director-Elect training at Regional Conference in Charleston SC in April 2009 which provided excellent training and gave me more confidence as I started my journey. Meeting and working with the other Council Directors in Region III has been awesome. Region III Vice President Claire Sizemore has done an outstanding job in leading our Region this year and I'm honored to have been able to work with her. She definitely brought ENERGY to Region III. The Council

meeting at Stone Mountain was one I will always remember. I enjoyed working with the great members of Northeast Atlanta. They worked so hard to be sure everything went smoothly and was so concerned with making sure the meeting was as I wanted. I will always have a special place in my heart for each of these ladies. The Council Planning meeting on May 8th in Atlanta was well attended. Those of you who were unable to attend missed a great meeting. A BIG THANK YOU to Gizelle, Lara, Jill, Melissa, Connie, Janet and Kimberly for your presentations at the meeting. Great job as usual. .you kept the "energy going". We are so fortunate to have great leaders in the GA Council, your Presidents this year have been outstanding and I have enjoyed so much working with each of them. Best of luck to the incoming Presidents and Officers. Special thanks to my local Associa-

tion, Insurance Professionals of Gainesville and my employer BB&T Sidney O Smith for their support throughout the year. I have been so fortunate in having a fantastic Assistant this year. Tracy was a life saver quite a few times. We had such good times traveling together and yes, second guessing the GPS. THANK YOU, TRACY. I ask that you please give your full support to our incoming Council Director, Jill Hasnain. I have NO doubt she and her team will do an outstanding job leading our great GA Council. In closing, my prayer and hope is that in some small way I have helped you accomplish some of your goals and have built bridges that will enable you to continue on a successful career path as well as a happy life. It has been my honor and privilege of serving as your Council Director. I am so blessed to have you as FRIENDS. Warmest Regards, Linda

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Member Spotlight— Congratulations Association Presidents

On behalf of the Georgia Council, we would like to extend a **BIG THANK-YOU to the 2009-2010 Local Association Presidents** for their leadership and support this past year. **Congratulations to the following for a successful term as president: Melissa Peak, Patty Bowden, Delores Horne, Annette McMichael, Rose Browning, Diana Roe Hollis, Connie Rose, Hannah Chambley, Teresa Neese and Marie Iler.** We would also like to recognize the incoming

Local Association Presidents for the 2010-2011 term. Please extend your support to these individuals as we move forward for success.

Melissa Peak—Ins Profis of Atlanta
Patty Bowden—Ins Profis of Columbus GA
Delores Horne—Ins Profis of Savannah
Gloria Daniely-Weston—Ins Profis of Middle GA

Rose Browning—Glynn Co Assoc of Ins Women
Diana Roe Hollis—Northeast Atlanta Chapter of NAIW
Connie Rose—Ins Profis of NW GA
Margaret Little and Gail Barrow—Ins Profis of Rome & Floyd Co
Teresa Neese—NE GA Assoc of Ins Women
Tracy Pato—Ins Profis of Gainesville
Congratulations to each of you!



Membership Update—Last Chance to Renew By Lara Nelson AAI, CISR

REMINDER:

Renewal Dues are due and payable July 1, 2010.

Don't miss out on your opportunity to retain membership with the association of choice—NAIW (International).

NAIW Member Benefits

Strong industry alliances and enhanced professional development are goals of our organiza-

tion. As a member of **NAIW (International)**, you will have incredible opportunities to make business contacts with insurance professionals in all lines of insurance across the United States, Canada, Puerto Rico and other countries outside of the U.S.

Membership is an investment in your career!

NAIW (International) offers continuing education and professional development so members can gain technical knowledge, leadership skills and the confidence to successfully com-

municate and advance in the industry. Approved Continuing Education includes topics for all careers in insurance and risk management.

Please contact NAIW if you have not received your 2010-2011 Membership Dues Statement.

Special Congratulations to our incoming Council Membership Chair, Kimberly Shattuck CISR with AmTrust. We look forward to working with Kimberly to keep our Council membership strong!

away some of the sun's energy. It is also a good idea to wear hats or to use an umbrella.

✦ **Drink water.** Carry water or juice with you and drink continuously even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body. Avoid using salt tablets unless directed to do so by a physician.

✦ **Eat small meals and eat more often.** Avoid high-protein foods, which increase metabolic heat.

✦ **Slow down. Avoid strenuous activity.** If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 and 7 a.m.

✦ **Stay indoors when possible.** If air-conditioning is not available, stay on the lowest floor out of the sunshine. Remember that electric fans do not cool, they simply circulate the air.

✦ **Be a good neighbor.** During heat waves, check in on elderly residents in your neighborhood and those who do not have air conditioning.

✦ **Learn Red Cross First Aid and CPR**

General Care for Heat Emergencies:

✦ **Heat cramps or heat exhaustion:** Get the person to a cooler place and have him or her rest in a comfortable position. If the person is fully awake and alert, give half a glass of cool water every 15 minutes. Do not let him or her drink too quickly. Do not give liquids that contain alcohol or caffeine. Remove or loosen tight clothing and apply cool, wet cloths, such as towels or sheets. Call 9-1-1 or the local emergency number if the person refuses water, vomits or loses consciousness.

Heat stroke: Heat stroke is a life-threatening situation! Help is needed fast. Call 9-1-1 or your local emergency number. Move the person to a cooler place. Quickly cool the body. Immerse victim in a cool bath, or wrap wet sheets around the body and fan it. Watch for signals of breathing problems. Keep the person lying down and continue to cool the body any way you can. If the victim refuses water or is vomiting or there are changes in the level of consciousness, do not give anything to eat or drink.

Legislation

Update by Connie Rose CPIW

Reference attached report:

2010 Legislative Session Was Productive, But Not Much Passed Affecting Civil Claims

By State Rep. Mike Jacobs

This report is from the Vice Chair of the Judiciary Committee, Representative Mike Jacobs. It includes his personal notes from the entire session.

Education Update by Melissa G. Peak CISR, CPIW, DAE

The CWC class hosted by the Insurance Professionals of NW GA came to a conclusion on 4/29/2010, and three of the four graduates participated in a speaking competition on 5/20/2010. The NW candidates were Johnnie Mae Hall Gaston, Connie Rose, and Leslie Tibbs. Melissa Peak was also a student of the updated course and did not complete in the competition since she initially completed CWC in May 2009. The winner of the competition was Connie Rose and the runner up was Johnnie Mae Hall Gaston. Connie will represent the

Summer Safety Tips -

Beat The Heat With Red Cross Safety

Tips submitted by Janet Nash

The Red Cross encourages drinking plenty of water and taking frequent breaks while working outside. Staying inside and avoiding strenuous activity is also recommended.

According to the Centers for Disease Control and Prevention, approximately 400 Americans die each year due to summer's sweltering heat.

Insurance Professionals of NW GA in the 2010 GA Council Speak Off. Special thanks go to Connie Herrin, the 2009 GA Council CWC Winner, Kimberly Shattuck, the 2009 GA Council CWC Runner Up, and Melissa Peak, President of Insurance Professionals of Atlanta and GA Council Liaison, for serving as judges. Special thanks also go to Michelle Henderson and Capitol Special Risks for coordinating the location for the classes, and to Ms. Jan Murray for her wonderful and powerful instruction. And, of course, congratulations to the graduates for their commitment and hard work.

Furthermore, the National Weather Service asserts that excessive heat was the number one weather-related killer, causing more fatalities per year than floods, lightning, tornadoes, hurricanes, winter storms and extreme cold from 1994 to 2003.

Everyone is at risk when temperatures rise above 90 degrees but the elderly and the very young are most susceptible to heat and heat-related illnesses. Heat-related illnesses can cause serious injury and even death if untreated.

Signs of heat-related illnesses include:

- nausea
- dizziness
- flushed or pale skin,
- heavy sweating and
- headaches

Victims of heat-related illness should be moved to a cool place, given cool water to drink and ice packs or cool wet cloths should be applied to the skin. If a victim refuses water, vomits or loses consciousness, call 9-1-1 or your local emergency number immediately.

Red Cross Heat Safety Tips:

✦ **Dress for the heat.** Wear lightweight, light-colored clothing. Light colors will reflect